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A short proof of the canonical polynomial van der Waerden theorem

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Theorem 2 ([1]). *Let p_1, \dots, p_k be distinct polynomials with integer coefficients and $p_i(0) = 0$ for each i . Let $\varepsilon > 0$. For all N sufficiently large, every $A \subset [N]$ with $|A| \geq \varepsilon N$ contains $x + p_1(y), \dots, x + p_k(y)$ for some $x, y \in \mathbb{N}$.*

Our proof of Theorem 1 follows the strategy of Erdős and Graham [2], who deduced a canonical van der Waerden theorem (i.e., for arithmetic progressions) using Szemerédi’s theorem [7].

We quote the following result, proved by Linnik [6] in his elementary solution of Waring’s problem (see [5, Theorem 19.7.2]). Note the left-hand side below counts the number of solutions $f(y_1) + \dots + f(y_{s/2}) = f(y_{s/2+1}) + \dots + f(y_s)$ with $y_1, \dots, y_s \in [n]$.

Theorem 3 ([6]). *Fix a polynomial f of degree $d \geq 2$ with integer coefficients. Let $s = 8^{d-1}$. Then*

$$\int_0^1 \left| \sum_{y=1}^n e^{2\pi i \theta f(y)} \right|^s d\theta = O(n^{s-d})$$

for any $n \in \mathbb{N}$, where the constant in the big- O depends only on f .

Lemma 4. *Fix a polynomial f of degree $d \geq 2$ with integer coefficients. For every $A \subset \mathbb{N}$ and $n \in \mathbb{N}$, the number of pairs $(a, y) \in A \times [n]$ with $a + f(y) \in A$ is*

$$O\left(|A|^{1+\frac{1}{s}} n^{1-\frac{d}{s}}\right),$$

where $s = 8^{d-1}$.

Proof. We write

$$\widehat{1}_A(\theta) = \sum_{x \in A} e^{2\pi i \theta x} \quad \text{and} \quad F(\theta) = \sum_{y=1}^n e^{2\pi i \theta f(y)}.$$

Then the number of solutions to $z = a + f(y)$ with $a, z \in A$ and $y \in [n]$ is

$$\begin{aligned} \int_0^1 |\widehat{1}_A(\theta)|^2 F(\theta) d\theta &\leq \left(\int_0^1 |\widehat{1}_A(\theta)|^{\frac{2s}{s-1}} d\theta \right)^{1-\frac{1}{s}} \left(\int_0^1 |F(\theta)|^s d\theta \right)^{\frac{1}{s}} && \text{[Hölder]} \\ &\leq \left(|A|^{\frac{2}{s-1}} \int_0^1 |\widehat{1}_A(\theta)|^2 d\theta \right)^{1-\frac{1}{s}} \cdot O\left(n^{1-\frac{d}{s}}\right) && [|\widehat{1}_A(\theta)| \leq |A| \text{ and Theorem 3}] \\ &= \left(|A|^{\frac{2}{s-1}} |A| \right)^{1-\frac{1}{s}} \cdot O\left(n^{1-\frac{d}{s}}\right) && \text{[Parseval]} \\ &= O\left(|A|^{1+\frac{1}{s}} n^{1-\frac{d}{s}}\right). && \square \end{aligned}$$

Lemma 5. *Fix a polynomial f of degree $d \geq 1$ with integer coefficients. Let $A \subset \mathbb{N}$ and $n \in \mathbb{N}$. Suppose that $|A \cap [x, x+L]| \leq \varepsilon L$ for every $L \geq n^d$ and $x \in \mathbb{N}$. Then the number of pairs $(a, y) \in A \times [n]$ with $a + f(y) \in A$ is $O(\varepsilon^{1/s} |A| n)$, where $s = 8^{d-1}$.*

Proof. If $d = 1$, then for every $x \in A$, the number of $y \in [n]$ so that $x + f(y) \in A$ is $O(\varepsilon n)$ by the local density condition on A . Summing over all $x \in A$ yields the desired bound $O(\varepsilon |A| n)$ on the number of pairs. From now on assume $d \geq 2$.

Let $m = O(n^d)$ so that $|f(y)| \leq m$ for all $y \in [n]$. Let $A_i = A \cap [im, (i+2)m)$. Then $|A_i| = O(\varepsilon m)$. Every pair $a, a + f(y) \in A$ with $y \in [n]$ is contained in some A_i , and, by Lemma 4, the number of pairs contained in each A_i is

$$O\left(|A_i|^{1+\frac{1}{s}} n^{1-\frac{d}{s}}\right) = O\left((\varepsilon m)^{\frac{1}{s}} |A_i| n^{1-\frac{d}{s}}\right) = O(\varepsilon^{1/s} |A_i| n).$$

Summing over all integers i yields Lemma 5 (each element of A lies in precisely two different A_i ’s). □

Proof of Theorem 1. Choose a sufficiently small $\varepsilon > 0$ (depending on p_1, \dots, p_k). Consider a coloring of $[N]$ without monochromatic progressions $x + p_1(y), \dots, x + p_k(y)$. By Theorem 2, every color class has density at most ε on every sufficiently long interval.

Let $D = \max_{i \neq j} \deg(p_i - p_j)$. Let n be an integer on the order of $N^{1/D}$ so that $x + p_1(y), \dots, x + p_k(y) \in [N]$ only if $y \in [n]$. We apply Lemma 5 with A a fixed color class and $f = p_i - p_j$; for every choice of $x + p_i(y) = a_1 \in A$ and $x + p_j(y) = a_2 \in A$, we have that $a_2 + f(y) = a_1$, so (a_2, y) is a solution of the form in Lemma 5. Summing over all $i \neq j$, we see that the number of pairs $(x, y) \in \mathbb{N} \times [n]$ where at least two of $x + p_1(y), \dots, x + p_k(y)$ lie in A is $O(\varepsilon^{1/8^{D-1}} |A|n)$. Summing over all color classes A , we see that the number of non-rainbow progressions $x + p_1(y), \dots, x + p_k(y) \in [N]$ is $O(\varepsilon^{1/8^{D-1}} Nn)$. Since the total number of sequences $x + p_1(y), \dots, x + p_k(y) \in [N]$ is on the order of Nn , some such sequence must be rainbow, as long as $\varepsilon > 0$ is small enough and N is large enough. \square

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