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# Reflection coupling and Wasserstein contractivity without convexity

## Couplage de réflection et contractivité de Wasserstein sans convexité

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**Probability Theory** 

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#### ABSTRACT

We note that even if convexity of the potential *U* fails locally, overdamped Langevin diffusions in  $\mathbb{R}^d$  are contractions w.r.t. the Kantorovich–Rubinstein-Wasserstein distance based on an appropriately chosen concave distance function equivalent to the Euclidean distance. The choice of the distance function is then optimized to obtain a large exponential decay rate. The results yield dimension-independent bounds of optimal order in  $R, L \in [0, \infty)$  and  $K \in (0, \infty)$  if  $(x - y) \cdot (\nabla U(x) - \nabla U(y))$  is bounded from below by  $-L|x - y|^2$  for |x - y| < R and by  $K|x - y|^2$  for  $|x - y| \ge R$ .

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#### RÉSUMÉ

On considére diffusions de Langevin sur  $\mathbb{R}^d$  dans un potentiel U non convex dans un ensemble borné. A l'aide du couplage de réflection, on observe que ces diffusions sont des contractions pour la distance de Kantorovich–Rubinstein–Wasserstein basée sur une distance concave appropriée, équivalente à la distance Euclidienne. Le choix de la distance est optimisé pour obtenir un grand taux de décroissance exponentielle. Les résultats impliquent bornes optimales pour  $R, L \in [0, \infty)$  et  $K \in (0, \infty)$ , indépendamment de la dimension, sous la condition que  $(x - y) \cdot (\nabla U(x) - \nabla U(y))$  est borné inférieurement par  $-L|x - y|^2$  pour |x - y| < R et par  $K|x - y|^2$  pour  $|x - y| \ge R$ .

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#### 1. Introduction

Consider a diffusion process  $(X_t)_{t \ge 0}$  in  $\mathbb{R}^d$  defined by a stochastic differential equation

$$dX_t = b(X_t) dt + \sigma dB_t.$$
<sup>(1)</sup>

Here  $(B_t)_{t\geq 0}$  is a *d*-dimensional Brownian motion,  $\sigma \in \mathbb{R}^{d\times d}$  is a constant  $d \times d$  matrix with det  $\sigma > 0$ , and  $b : \mathbb{R}^d \to \mathbb{R}^d$  is a locally Lipschitz continuous function. We assume that the unique strong solution of (1) is non-explosive, which is essentially a consequence of the assumptions imposed further below. The transition kernels of the diffusion process on  $\mathbb{R}^d$  defined by (1) will be denoted by  $p_t(x, dy)$ . We are interested in upper bounds for Kantorovich–Rubinstein–Wasserstein distances of the distributions  $\mu p_t$  and  $\nu p_t$  at a given time  $t \geq 0$  w.r.t. two different initial distributions  $\mu$  and  $\nu$ .

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**Example 1** (*Overdamped Langevin dynamics*). Suppose  $\sigma = I_d$  and  $b(x) = -\frac{1}{2}\nabla U(x)$  for a function  $U \in C^2(\mathbb{R}^d)$  that is strictly convex (i.e.  $\nabla^2 U \ge K \cdot I_d$  for some K > 0) outside a given ball  $B \subset \mathbb{R}^d$ . Then  $Z := \int \exp(-U(x)) dx < \infty$ , and  $d\mu := Z^{-1} \exp(-U) dx$  is a stationary distribution for the diffusion process  $(X_t)$ . The results below imply upper bounds for the  $L^1$  Wasserstein distances between the law  $\nu p_t$  of  $X_t$  and  $\mu$  for an arbitrary initial distribution  $\nu$  and  $t \ge 0$ .

A coupling by reflection of two solutions of (1) with initial distributions  $\mu$  and  $\nu$  is a diffusion process  $(X_t, Y_t)$  with values in  $\mathbb{R}^{2d}$  defined by  $(X_0, Y_0) \sim \eta$  where  $\eta$  is a coupling of  $\mu$  and  $\nu$ ,

$$dX_t = b(X_t) dt + \sigma dB_t \quad \text{for } t \ge 0,$$
  

$$dY_t = b(Y_t) dt + \sigma \left(I - 2e_t e_t^{\top}\right) dB_t \quad \text{for } t < T, \qquad Y_t = X_t \quad \text{for } t \ge T.$$
(2)

Here  $e_t e_t^{\mathsf{T}}$  is the orthogonal projection onto the unit vector  $e_t := \sigma^{-1}(X_t - Y_t)/|\sigma^{-1}(X_t - Y_t)|$ , and  $T = \inf\{t \ge 0: X_t = Y_t\}$  is the coupling time, i.e., the first hitting time of the diagonal  $\Delta = \{(x, y) \in \mathbb{R}^{2d}: x = y\}$ , cf. [5,1]. The reflection coupling can be realized as a diffusion process in  $\mathbb{R}^{2d}$ , and the marginal processes  $(X_t)_{t\ge 0}$  and  $(Y_t)_{t\ge 0}$  are solutions of (1) w.r.t. the Brownian motions  $B_t$  and  $\tilde{B}_t = \int_0^t (I_d - 2I_{\{s < T\}}e_s e_s^{\mathsf{T}}) dB_s$ . The difference vector  $Z_t := X_t - Y_t$  solves the s.d.e.

$$dZ_t = (b(X_t) - b(Y_t)) dt + 2|\sigma^{-1}Z_t|^{-1}Z_t dW_t \text{ for } t < T, \qquad Z_t = 0 \text{ for } t \ge T,$$
(3)

w.r.t. the one-dimensional Brownian motion  $W_t = \int_0^t e_s^\top dB_s$ .

Lindvall and Rogers [5] introduced coupling by reflection in order to derive upper bounds for the total variation distance of the distributions of  $X_t$  and  $Y_t$  at a given time  $t \ge 0$ . Here we are instead considering the Kantorovich–Rubinstein ( $L^1$ -Wasserstein) distances

$$W_f(\mu,\nu) = \inf_{\eta} \int d_f(x,y)\eta(\mathrm{d} x \,\mathrm{d} y), \qquad d_f(x,y) = f\left(\|x-y\|\right) \quad (x,y \in \mathbb{R}^d),\tag{4}$$

of probability measures  $\mu, \nu$  on  $\mathbb{R}^d$ , where the infimum is over all couplings  $\eta$  of  $\mu$  and  $\nu$ ,  $f : [0, \infty) \to [0, \infty)$  is an appropriately chosen concave increasing function with f(0) = 0, and  $||z|| = \sqrt{z \cdot Gz}$  with  $G \in \mathbb{R}^{d \times d}$  symmetric and strictly positive definite. Typical choices for the norm are the Euclidean norm ||z|| = |z| and the intrinsic metric  $||z|| = |\sigma^{-1}z|$  corresponding to  $G = I_d$  and  $G = (\sigma \sigma^{\top})^{-1}$  respectively.

#### 2. Results

Similarly to Lindvall and Rogers [5], we define for  $r \in (0, \infty)$ :

$$\kappa(r) = \inf \left\{ -2 \frac{|\sigma^{-1}(x-y)|^2}{\|x-y\|^2} \frac{(x-y) \cdot G(b(x) - b(y))}{\|x-y\|^2} \colon x, y \in \mathbb{R}^d \text{ with } \|x-y\| = r \right\}.$$

Note that the factor  $|\sigma^{-1}(x-y)|^2/||x-y||^2$  equals 1 if  $||\cdot||$  is the intrinsic metric. In Example 1 with  $G = I_d$ , we have  $\kappa(r) = \inf\{\int_0^1 \partial_{(x-y)/|x-y|}^2 U((1-t)x+ty) dt: x, y \in \mathbb{R}^d \text{ s.t. } |x-y|=r\}$ . We assume from now on that  $\liminf_{r\to\infty} \kappa(r) > 0$ , and we define constants  $R_0, R_1 \in [0, \infty)$  with  $R_0 \leq R_1$  by

$$R_0 = \inf\{R \ge 0: \kappa(r) \ge 0 \ \forall r \ge R\}, \qquad R_1 = \inf\{R \ge R_0: \kappa(r)R(R-R_0) \ge 8 \ \forall r \ge R\}.$$

We consider the particular distance function  $d_f(x, y) = f(||x - y||)$  given by

$$f(r) = \int_{0}^{r} \varphi(s)g(s) \,\mathrm{d}s, \qquad \varphi(r) = \exp\left(-\frac{1}{4} \int_{0}^{r} s\kappa(s)^{-} \,\mathrm{d}s\right), \qquad g(r) = 1 - \frac{1}{2} \int_{0}^{r \wedge R_{1}} \frac{\phi(s)}{\varphi(s)} \,\mathrm{d}s \Big/ \int_{0}^{R_{1}} \frac{\phi(s)}{\varphi(s)} \,\mathrm{d}s, \tag{5}$$

where  $\Phi(r) = \int_0^r \varphi(s) \, ds$ . Note that  $\Phi$  and f are concave, because  $\varphi$  and g are decreasing. Moreover,  $\Phi(r)/2 \leq f(r) \leq \Phi(r)$  for any  $r \geq 0$ . Hence  $d_f$  and  $d_{\varphi}$  as well as  $W_f$  and  $W_{\varphi}$  differ at most by a factor 2. The choice of f is obtained by trying to maximize the decay rate of  $W_f$ , cf. the proof below.

**Theorem 1.** Let  $\alpha := \sup\{|\sigma^{-1}z|^2: z \in \mathbb{R}^d \text{ with } ||z|| = 1\}$ , and define  $c \in (0, \infty)$  by

$$\frac{1}{c} = \alpha \int_{0}^{R_{1}} \Phi(s)\varphi(s)^{-1} ds = \alpha \int_{0}^{R_{1}} \int_{0}^{s} \exp\left(\frac{1}{4} \int_{t}^{s} u\kappa(u)^{-} du\right) dt ds.$$
(6)

Then for  $d_f$  given by (4) and (5), the function  $t \mapsto e^{ct} \mathbb{E}[d_f(X_t, Y_t)]$  is decreasing on  $[0, \infty)$ .

The theorem yields exponential contractivity at rate c > 0 for the transition kernels  $p_t$  of (1) w.r.t. the Kantorovich–Rubinstein–Wasserstein distance  $W_f$ . Moreover, it implies upper bounds for the standard KRW distance  $W = W_{id}$  w.r.t. the distance function d(x, y) = ||x - y||:

**Corollary 2.1.** For any  $t \ge 0$  and any probability measures  $\mu$ ,  $\nu$  on  $\mathbb{R}^d$ ,

$$W_f(\mu p_t, \nu p_t) \leqslant e^{-ct} W_f(\mu, \nu), \quad \text{and} \quad W(\mu p_t, \nu p_t) \leqslant 2\varphi(R_0)^{-1} e^{-ct} W(\mu, \nu).$$

$$\tag{7}$$

The second estimate follows from the first, because  $\varphi(R_0) ||x - y||/2 \leq d_f(x, y) \leq ||x - y||$  for any  $x, y \in \mathbb{R}^d$ . For the Wasserstein mixing times, the corollary yields the upper bound

$$\tau_{W}(\varepsilon) := \inf \{ t \ge 0 \colon W(\mu p_{t}, \nu p_{t}) \le \varepsilon W(\mu, \nu) \; \forall \mu, \nu \} \le c^{-1} \log (2/(\varepsilon \varphi(R_{0}))) \quad \text{for any } \varepsilon > 0$$

**Proof of Theorem 1.** Let  $r_t = ||Z_t|| = ||X_t - Y_t||$ . By (3) and Itô's formula,

$$df(r_t) = 2\left|\sigma^{-1}Z_t\right|^{-1} r_t f'(r_t) dW_t + r_t^{-1}Z_t \cdot G(b(X_t) - b(Y_t)) f'(r_t) dt + 2\left|\sigma^{-1}Z_t\right|^{-2} r_t^2 f''(r_t) dt$$
(8)

a.s. for t < T. The drift is bounded from above by  $\beta_t := 2|\sigma^{-1}Z_t|^{-2}r_t^2(f''(r_t) - r_t\kappa(r_t)f'(r_t)/4)$ . We show that by our choice of f, this expression is smaller than  $-cf(r_t)$ . Indeed, for  $r < R_1$ ,

$$f''(r) = -\frac{1}{4}r\kappa(r)^{-}\varphi(r)g(r) - \frac{1}{2}\Phi(r) \bigg/ \int_{0}^{R_{1}} \frac{\Phi(s)}{\varphi(s)} \, \mathrm{d}s \leqslant \frac{1}{4}r\kappa(r)f'(r) - \frac{1}{2}f(r) \bigg/ \int_{0}^{R_{1}} \frac{\Phi(s)}{\varphi(s)} \, \mathrm{d}s.$$
(9)

For  $r \ge R_1$ , we have  $f'(r) = \varphi(r)/2 = \varphi(R_0)/2$  and  $\kappa(r)R_1(R_1 - R_0) \ge 8$  by definition of  $R_1$ , whence

$$f''(r) - \frac{1}{4} r\kappa(r) f'(r) \leqslant -\frac{1}{8} r\kappa(r) \varphi(R_0) \leqslant -\frac{\varphi(R_0)}{R_1 - R_0} \cdot \frac{r}{R_1} \leqslant -\frac{\varphi(R_0)}{R_1 - R_0} \cdot \frac{\Phi(r)}{\Phi(R_1)}$$
$$\leqslant -\frac{1}{2} \Phi(r) \bigg/ \int_{R_0}^{R_1} \Phi(s) \varphi(s)^{-1} \, \mathrm{d}s \leqslant -\frac{1}{2} f(r) \bigg/ \int_{0}^{R_1} \Phi(s) \varphi(s)^{-1} \, \mathrm{d}s.$$
(10)

Here we have used that for  $r \ge R_0$ , we have  $\varphi(r) = \varphi(R_0)$ ,  $\Phi(r) = \Phi(R_0) + (r - R_0)\varphi(R_0)$ , and hence

$$\int_{R_0}^{R_1} \Phi(s)\varphi(s)^{-1} ds = \int_{R_0}^{R_1} \left( \Phi(R_0) + (s - R_0)\varphi(R_0) \right) \varphi(R_0)^{-1} ds = \frac{\Phi(R_0)}{\varphi(R_0)} (R_1 - R_0) + \frac{1}{2}(R_1 - R_0)^2$$
  
$$\ge (R_1 - R_0) \left( \Phi(R_0) + (R_1 - R_0)\varphi(R_0) \right) \varphi(R_0)^{-1}/2 \ge (R_1 - R_0)\Phi(R_1)\varphi(R_0)^{-1}/2$$

By (9) and (10), we conclude that  $\beta_t \leq -cf(r_t)$ . Optional stopping in (8) at  $T_k = \inf\{t \geq 0: r_t \notin (k^{-1}, k)\}$  now implies  $\mathbb{E}[f(r_t); t < T_k] \leq -c \int_0^t \mathbb{E}[f(r_s); s < T_k] ds$  for any  $k \in \mathbb{N}$  and  $t \geq 0$ . The assertion follows for  $k \to \infty$  since  $r_t = 0$  for  $t \geq T$ , and  $T = \sup T_k$  by non-explosiveness.  $\Box$ 

**A first application.** To illustrate that the bounds derived above are fairly sharp, let us suppose that  $\kappa(r) \ge -L$  for  $r \le R$  and  $\kappa(r) \ge K$  for r > R with constants  $R, L \in [0, \infty)$  and  $K \in (0, \infty)$ . Then, since  $\varphi(r) = \varphi(R_0)$  and  $\Phi(r) = \Phi(R_0) + (r - R_0)\varphi(R_0)$  for  $r \ge R_0$ ,

$$\alpha^{-1}c^{-1} = \int_{0}^{R_{1}} \Phi(s)\varphi(s)^{-1} \,\mathrm{d}s = \int_{0}^{R_{0}} \Phi(s)\varphi(s)^{-1} \,\mathrm{d}s + (R_{1} - R_{0})\Phi(R_{0})\varphi(R_{0})^{-1} + (R_{1} - R_{0})^{2}/2.$$
(11)

The lower bounds on the function  $\kappa$  imply the upper bounds  $R_0 \leq R$ ,  $R_1 - R_0 \leq \min(8/(KR_0), \sqrt{8/K})$ ,  $\Phi(r)\varphi(r)^{-1} \leq \int_0^r \exp(L(r^2 - t^2)/8) dt \leq \min(\sqrt{2\pi/L}, r) \exp(Lr^2/8)$  for  $r \leq R_0$ , and

$$\int_{0}^{R_{0}} \Phi(r)\varphi(r)^{-1} dr \leqslant \begin{cases} 4L^{-1}(\exp(LR_{0}^{2}/8) - 1) \leqslant (e - 1)R_{0}^{2}/2 & \text{if } LR_{0}^{2}/8 \leqslant 1, \\ 8\sqrt{2\pi}L^{-3/2}R_{0}^{-1}\exp(LR_{0}^{2}/8) & \text{if } LR_{0}^{2}/8 \geqslant 1. \end{cases}$$

Combining these estimates, we obtain by (11),

$$\alpha^{-1}c^{-1} \leq \begin{cases} (e-1)R^2/2 + e\sqrt{8/K}R + 4/K \leq (3e/2)\max(R^2, 8/K) & \text{if } LR_0^2/8 \leq 1, \\ 8\sqrt{2\pi}R^{-1}L^{-1/2}(L^{-1} + K^{-1})\exp(LR^2/8) + 32R^{-2}K^{-2} & \text{if } LR_0^2/8 \geq 1. \end{cases}$$

In the first case, *c* is at least of order  $\min(R^{-2}, K)$ . Even if L = 0 (convex case), this order can not be improved as one-dimensional Langevin diffusions with potential  $U(x) = Kx^2/2$ , or, respectively, with vanishing drift on (-R/2, R/2) demonstrate. In the second case  $(LR_0^2 \ge 8)$ , if  $K \ge \text{const.} \cdot L$  then the upper bound for  $c^{-1}$  is of order  $R^{-1}L^{-3/2} \exp(LR^2/8)$ . This order in *R* and *L* is again optimal:

**Example 2** (*Double-well with* U''(x) = -L for  $|x| \leq R/2$ ). Consider a Langevin diffusion in  $\mathbb{R}^1$  with a symmetric potential  $U \in C^2(\mathbb{R})$  satisfying  $U(x) = -Lx^2/2$  for  $x \in [-R/2, R/2]$ ,  $U'' \geq -L$ , and  $\liminf_{|x|\to\infty} U''(x) > 0$ . If  $\|\cdot\|$  is the Euclidean norm then  $\kappa(r) = -L$  for  $r \in (0, R]$ . On the other hand,

$$\lim_{t \to \infty} t^{-1} \log P_{R/2}[T_0 > t] = -\lambda_1(0, \infty) \ge -(2e-2)^{-1} (eL)^{3/2} R \exp(-LR^2/8) \quad \text{for } LR^2 \ge 4,$$
(12)

where  $T_0$  denotes the first hitting time of 0 for the process starting at R/2, and  $\lambda_1(0, \infty)$  is the lowest Dirichlet eigenvalue of the generator on  $(0, \infty)$ , cf. [3]. The bound for  $\lambda_1$  follows by inserting the function  $g(x) = \min(\sqrt{L}x, 1)$  into the variational characterization of the Dirichlet eigenvalue. By (12), the  $L^1$  Wasserstein distance  $W(\delta_{-R/2}p_t, \delta_{R/2}p_t)$  decays at most with a rate of order  $L^{3/2}R \exp(-LR^2/8)$ .

**Remark.** The idea to study Wasserstein contractivity w.r.t. concave distance functions goes back to Chen and Wang [2], where it is implicitly contained in the proofs. Indeed, in [2] and [6], Chen and Wang apply very similar methods to estimate spectral gaps of diffusion generators on  $\mathbb{R}^d$  and on manifolds. Related arguments have also been applied in [4] to quantify exponential ergodicity in infinite dimensional situations. The techniques presented have natural extensions to non-constant diffusion coefficients and diffusions on manifolds, Euler discretizations of s.d.e., and high and infinite dimensional diffusions (dimension-independent bounds) that will be studied in detail in forthcoming work.

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