# A note on triangulated monads and categories of module spectra 

# Une note sur les monades et les catégories triangulées de spectres en modules 

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#### Abstract

Consider a monad on an idempotent complete triangulated category with the property that its Eilenberg-Moore category of modules inherits a triangulation. We show that any other triangulated adjunction realizing this monad is 'essentially monadic', i.e. becomes monadic after performing the two evident necessary operations of taking the Verdier quotient by the kernel of the right adjoint and idempotent completion. In this sense, the monad itself is 'intrinsically monadic'. It follows that for any highly structured ring spectrum, its category of homotopy (aka naïve) modules is triangulated if and only if it is equivalent to its category of highly structured (aka strict) modules. © 2018 Académie des sciences. Published by Elsevier Masson SAS. This is an open access article under the CC BY-NC-ND license (http://creativecommons.org/licenses/by-nc-nd/4.0/).


## R É S U M É

On considère une monade sur une catégorie triangulée, idempotente-complète, avec la propriété que la catégorie de Eilenberg-Moore des modules hérite d'une triangulation. Nous montrons que toute autre adjonction triangulée réalisant cette monade est essentiellement «monadique», c'est-à-dire qu'elle devient monadique après avoir pris le quotient de Verdier par le noyau de l'adjoint à droite et la complétion idempotente. En ce sens, la monade elle-même est «intrinsèquement monadique». Il s'ensuit que, pour tout spectre en anneaux hautement structuré, sa catégorie des modules d'homotopie (dits aussi naïfs) est triangulée si et seulement si elle est équivalente à sa catégorie des modules hautement structurés (dits aussi stricts).
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## 1. Triangulated monads and their realizations

Let $\mathcal{C}$ be an idempotent complete triangulated category. Given a monad $\mathbb{A}$ on $\mathcal{C}$, we can ask whether the EilenbergMoore category $\mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ of $\mathbb{A}$-modules in $\mathcal{C}$ (aka $\mathbb{A}$-algebras) inherits the structure of a triangulated category. Although this seems to rarely occur in Nature, it does happen in some notable situations, for example if $\mathbb{A}$ is an idempotent monad (i.e. a Bousfield localization). More generally, Balmer [1] proved that this is the case when the monad $\mathbb{A}$ is separable (provided that $\mathcal{C}$ is endowed with an $\infty$-triangulation, which is always the case when it admits an underlying model or derivator). Some non-separable examples are also known (see [5] and Example 1.12 below).

In this note, we consider the consequences of $\mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ being triangulated. We prove that if this is the case, then any triangulated realization of $\mathbb{A}$ is essentially monadic, i.e. monadic after applying two necessary operations: a Verdier quotient and an idempotent completion. In a slogan:

Triangulated monads which have triangulated Eilenberg-Moore adjunctions are intrinsically monadic.
The proof of this amusing fact will be given in Theorem 1.6 below (see also Corollary 1.9). An application to categories of module spectra will be discussed at the end (see Corollary 1.11).
1.1 Terminology. We recall some basic facts about monads from [7, Chap. VI], mostly to fix notation. Every adjunction $F: \mathcal{C} \rightleftarrows \mathscr{D}: G$ with unit $\eta: \mathrm{id}_{\mathcal{C}} \rightarrow G F$ and co-unit $\varepsilon: F G \rightarrow \mathrm{id}_{\mathcal{D}}$ defines a monad $\mathbb{A}$ on $\mathcal{C}$ consisting of the endofunctor $\mathbb{A}:=G F: \mathcal{C} \rightarrow \mathcal{C}$ equipped with the multiplication map $G \varepsilon F: \mathbb{A}^{2} \rightarrow \mathbb{A}$ and unit map $\eta: \operatorname{id}_{\mathcal{C}} \rightarrow \mathbb{A}$. We say the adjunction $F \dashv G$ realizes the monad $\mathbb{A}$. Given any monad $\mathbb{A}$ on $\mathcal{C}$, there always exist an initial and a final adjunction realizing $\mathbb{A}$ :


The final one is provided by the Eilenberg-Moore category $\mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$, whose objects are $\mathbb{A}$-modules $(x, \rho: \mathbb{A} x \rightarrow x)$ in $\mathcal{C}$, together with the forgetful functor $U_{\mathbb{A}}:(x, \rho) \mapsto x$ and its left adjoint free-module functor $F_{\mathbb{A}}$. The full image of $F_{\mathbb{A}}$, together with the restricted adjunction, provides the initial realization $\mathbb{A}-$ Free $_{\mathcal{C}}$ (often called the Kleisli category). For any adjunction $F \dashv G$ realizing the monad $\mathbb{A}$, the fully faithful inclusion $\mathbb{A}-$ Free $_{\mathcal{C}} \rightarrow \mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ uniquely factors as a composite $E \circ K$ of two comparison functors satisfying $K F_{\mathbb{A}}=F, G K=U_{\mathbb{A}}$ and $E F=F_{\mathbb{A}}, U_{\mathbb{A}} E=G$. The functor $K$ is always automatically fully faithful. Finally, an adjunction $F \dashv G$ is monadic if the associated Eilenberg-Moore comparison $E$ is an equivalence.
1.3 Remark. If $\mathcal{C}$ is a triangulated category, then we can also consider triangulated realizations of $\mathbb{A}$, i.e. realizations by an adjunction $F: \mathcal{C} \rightleftarrows \mathscr{D}: G$ of exact functors between triangulated categories. (Of course, $\mathbb{A}: \mathcal{C} \rightarrow \mathcal{C}$ must be exact for a triangulated realization to exist.) Note that if $\mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ is triangulated so that $U_{\mathbb{A}}$ is exact, then the free module functor $F_{\mathbb{A}}: \mathcal{C} \rightarrow \mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ is also automatically exact; hence the adjunction $F_{\mathbb{A}} \dashv U_{\mathbb{A}}$ is a triangulated realization of $\mathbb{A}$. However, $\mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ needs not admit such a triangulation in general (see, e.g., [6, Ex. 5.5]).
1.4 Remark. As $\mathcal{C}$ is assumed to be idempotent complete, one easily checks that the Eilenberg-Moore category $\mathbb{A}-$ Mod $_{\mathcal{C}}$ is also idempotent complete. Moreover, $U_{\mathbb{A}}$ is faithful, so in particular it detects the vanishing of objects; since $U_{\mathbb{A}}$ is an exact functor, the latter is equivalent to being conservative, i.e. reflecting isomorphisms.
1.5 Remark. If $F: \mathcal{C} \rightleftarrows \mathscr{D}: G$ is any triangulated realization of $\mathbb{A}$, then we can always canonically modify it to a triangulated adjunction $\widetilde{F}: \mathcal{C} \rightleftarrows \widetilde{D}: \widetilde{G}$ where, as with the Eilenberg-Moore adjunction, the target category $\widetilde{\mathcal{D}}$ is idempotent complete and the right adjoint $\dot{\widetilde{G}}$ is conservative. Indeed, constructing the Verdier quotient $\mathscr{D} / \operatorname{Ker} G$ embeds it into its idempotent completion $(\mathscr{D} / \operatorname{Ker} G)^{\natural}$ (see [3]), and let $\widetilde{F}$ be the composite $\mathscr{D} \rightarrow \mathcal{D} / \operatorname{Ker} G \rightarrow(\mathscr{D} / \operatorname{Ker} G)^{\natural}=: \widetilde{D}$. Since $\underset{\sim}{\mathcal{F}}$ is idempotent complete, $G$ extends to a functor $\widetilde{G}: \widetilde{D} \rightarrow \mathcal{C}$ right adjoint to $\widetilde{F}$, and one easily verifies that the adjunctions $\widetilde{F} \dashv \widetilde{G}$ and $F \dashv G$ realize the same monad.

Our aim is to study all possible triangulated realizations of $\mathbb{A}$ under the hypothesis that the Eilenberg-Moore adjunction is triangulated. By Remarks 1.4 and 1.5 , this problem reduces to the case where the target category is idempotent complete and the right adjoint is conservative.

Surprisingly, such an adjunction is necessarily monadic.
1.6 Theorem. Let $\mathcal{C}$ be an idempotent complete triangulated category equipped with a monad $\mathbb{A}$ such that $\mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ is compatibly triangulated, i.e. such that the free-forgetful adjunction $F_{\mathbb{A}} \dashv U_{\mathbb{A}}$ is a triangulated realization of $\mathbb{A}=U_{\mathbb{A}} F_{\mathbb{A}}$. Let $F: \mathcal{C} \rightleftarrows \mathscr{D}: G$ be any triangulated realization of the same monad $\mathbb{A}=G F$. If $\mathscr{D}$ is idempotent complete and $G$ is conservative, then $F \dashv G$ is monadic, i.e. the comparison functor $\mathfrak{D} \xrightarrow{\sim} \mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ is an equivalence.

Proof. Keep in mind (1.2) throughout and consult [7, Chap. VI] if necessary. Let $d \in \mathscr{D}$ be an arbitrary object. By definition, the $\mathbb{A}$-module $E d$ consists of the object $G d \in \mathcal{C}$ equipped with the action

$$
G \varepsilon_{d}: \mathbb{A}(G d)=G F G d \longrightarrow G d
$$

where $\varepsilon$ denotes the co-unit of the adjunction $F \dashv G$. As for any module, its action map can also be seen as a map in $\mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$

$$
G \varepsilon_{d}: F_{\mathbb{A}} U_{\mathbb{A}} E d=\left(G F G d, G \varepsilon_{F G d}\right) \longrightarrow\left(G d, G \varepsilon_{d}\right)=E d
$$

providing the co-unit at the object $E d$ for the Eilenberg-Moore adjunction. By hypothesis, the right adjoint $U_{\mathbb{A}}: \mathbb{A}-\operatorname{Mod}_{\mathcal{C}} \rightarrow$ $\mathcal{C}$ of $F_{\mathbb{A}}$ is a faithful exact functor between triangulated categories, hence the co-unit $G \varepsilon_{d}$ admits a section $\sigma: G d \rightarrow$ $G F G d=F_{\mathbb{A}} U_{\mathbb{A}} E d$ in $\mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ (see, e.g., [2, Lemma 4.2]). Thus we have in $\mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ the split idempotent $p^{2}=p:=\sigma \circ G \varepsilon_{d}$ on the object $F_{\mathbb{A}} U_{\mathbb{A}} E d$ with image $E d$ :


Since the composite functor $E K$ is fully faithful and the free module $F_{\mathbb{A}} U_{\mathbb{A}} E d$ belongs to its image, we must have $p=E K q$ for an idempotent $q$ in $\mathbb{A}$ - Free $_{\mathcal{C}}$, hence $p=E r$ for the idempotent $r:=K q$ in $\mathscr{D}$ on the object $F G d$. As $\mathscr{D}$ is idempotent complete by hypothesis, $r$ must split:


Applying $E$ to (1.7), we see that the idempotent $p$ of $\mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ splits in two ways:


Applying the functor $U_{\mathbb{A}}$ (i.e. forgetting actions), this yields in $\mathcal{C}$ the two splittings

of the idempotent $p$ on $G F G d$. It follows that the composite $G\left(\varepsilon_{d}\right) \circ G(\beta)=G\left(\varepsilon_{d} \circ \beta\right)$ is an isomorphism $G d^{\prime} \cong G d$ of the two images. Since $G$ is assumed to be conservative, this implies that $\varepsilon_{d} \circ \beta$ is already an isomorphism $d^{\prime} \cong d$ in $\mathscr{D}$. We conclude from (1.7) that $d$ is a retract of an object $F G d=K\left(F_{\mathbb{A}} G d\right)$ in the image of the functor $K$.

As $d \in \mathscr{D}$ was arbitrary, we have proved that the fully faithful functor $K$ is surjective up to direct summands. Consider now the idempotent completions

together with the induced functors $K^{\natural}$ and $E^{\natural}$. The two rightmost canonical inclusions are equivalences, since $\mathscr{D}$ and $\mathbb{A}$ - $\operatorname{Mod}_{\mathcal{C}}$ are idempotent complete. What we have just proved amounts to $K^{\natural}$ being an equivalence too, i.e. the Kleisi comparison functor induces an equivalence

$$
K^{\natural}:\left(\mathbb{A}-\text { Free }_{C}\right)^{\natural} \xrightarrow{\sim} D^{\natural} \cong \mathscr{D}
$$

after idempotent completion.

We can now easily see that $E$ is an equivalence by chasing the above diagram: as $(E K)^{\natural}=E^{\natural} K^{\natural}$ is fully faithful and $K^{\natural}$ is an equivalence, $E^{\natural}$ is fully faithful, hence so is $E$. As already observed, the faithfulness of $U_{\mathbb{A}}$ implies that $F_{\mathbb{A}}=E F$ is surjective up to summands, so $E$ must be too. But $E$ is fully faithful and its domain $\mathcal{D}$ is idempotent complete, hence it must be essentially surjective.
1.8 Remark. If the triangulated structure on $\mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ is inherited from $\mathcal{C}$ in the sense that the forgetful functor $U_{\mathbb{A}}$ creates the triangulation of $\mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ (i.e. a triangle in $\mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ is exact if and only if its image under $U_{\mathbb{A}}$ is exact in $\mathcal{C}$ ), then the equivalence $E: \mathscr{D} \xrightarrow{\sim} \mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ of Theorem 1.6 is an exact equivalence of triangulated categories. This is because $U_{\mathbb{A}} E=G$ is exact by hypothesis and $U_{\mathbb{A}}$ would then reflect exact triangles. Similarly, we can conclude that $E$ is an exact equivalence by instead assuming that $G$, rather than $U_{\mathbb{A}}$, reflects exact triangles.
1.9 Corollary. Let $\mathbb{A}$ be a monad on an idempotent complete triangulated category $\mathcal{C}$. If the Eilenberg-Moore adjunction $\mathcal{C} \rightleftarrows$ $\mathbb{A}-\operatorname{Mod}_{\mathcal{C}}$ is triangulated, then any triangulated realization $F: \mathcal{C} \rightleftarrows \mathscr{D}: G$ of $\mathbb{A}$ induces canonical equivalences:

$$
\left(\mathbb{A}-\text { Free }_{C}\right)^{\natural} \xrightarrow{\sim}(\mathbb{D} / \operatorname{Ker} G)^{\natural} \xrightarrow{\sim} \mathbb{A}-\text { Mod }_{\mathcal{C}} .
$$

1.10 Example. Let $\mathcal{C}:=S H$ denote the stable homotopy category of spectra. If $A$ is a highly structured ring spectrum ( $S$-algebra, $\mathrm{A}_{\infty}$-ring spectrum, brave new ring...), then we may consider its derived category $\mathrm{D}(A)$, defined to be the homotopy category of highly structured $A$-modules; see, e.g., [4]. The unit map $f: S \rightarrow A$ induces a triangulated adjunction $f^{*}=A \wedge-: \mathrm{SH}=\mathrm{D}(S) \rightleftarrows \mathrm{D}(A): \operatorname{Hom}_{A}\left(A_{S},-\right)=f_{*}$. On the other hand, by forgetting its structure, $A$ is also a monoid in SH and therefore we may consider modules over it in SH. The resulting category $A-\operatorname{Mod}_{\text {SH }}$ of naïve or homotopy $A$-modules is nothing else but the Eilenberg-Moore category for the monad associated with the adjunction $f^{*} \dashv f_{*}$. Thus we obtain a comparison functor $E$ as in (1.1), which can be thought of as forgetting the higher structure of an $A$-module:


Note that both triangulated categories SH and $\mathrm{D}(A)$ are idempotent complete, e.g., because they admit infinite coproducts. The right adjoint $f_{*}$ is conservative by construction; this is equivalent to $A=f^{*} S \in \mathrm{D}(A)$ weakly generating $\mathrm{D}(A)$. Moreover, $f_{*}$ creates the triangulation of $D(A)$, again by construction. Hence Theorem 1.6 and Remark 1.8 immediately imply the following result.
1.11 Corollary. Let $A$ be any highly structured ring spectrum. Then the category $A$ - $\operatorname{Mod}_{\mathrm{SH}}$ of naïve A-modules is triangulated, in a way that makes the forgetful functor to SH exact, if and only if the canonical comparison functor $\mathrm{D}(A) \rightarrow A-\mathrm{Mod}_{\mathrm{SH}}$ is a (necessarily exact) equivalence.
1.12 Example. The comparison between strict and naïve modules was studied by Gutiérrez [5] in the special case where $A=H R$ is the Eilenberg-Mac Lane spectrum of an ordinary associative and unital ring $R$. He showed that the comparison map is an equivalence if $R$ is a field or a subring of $\mathbb{Q}$, for instance the ring of integers $\mathbb{Z}$.

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